

## Lane Independent Living Alliance (LILA)

# Practical Money Skills Class



*Ever wish you could manage your money better, make a budget for yourself and stick to it, learn how to get yourself out of debt and to help keep yourself safer as a consumer? Would you like to learn about shopping wisely, meal planning & preparing meals on a budget?*

Lesson 1: Making a Budget

Lesson 2: Living on Your Own

Lesson 3: Banking: Checking, Savings, ATM's

Lesson 4: Credit, loans, Credit Cards

Lesson 5: Consumer Awareness, Safety

Lesson 6: In Trouble

If so, these **FREE classes** may offer some useful tips to help you make good decisions!

**Where:** 20 E 13<sup>th</sup> Ave, Eugene (across from FedEx Kinko's)

**When:** Call 541-607-7020 to schedule one-on-one appointments.

**Target Audience:** Adults with disabilities who need to improve their money management skills.

*LILA is a cross-disability, consumer driven organization. Our goal is to help people with disabilities achieve as much choice, access, inclusion and independence as possible. We invite you to learn more about the many programs LILA offers and to consider becoming a voting member of LILA. Working together, we can break down societal barriers so that all people with disabilities are free to fulfill their potential.*

This document is available in alternate formats (large print, Braille, electronic).  
To request, call Office Manager at LILA 541-607-7020